# Day 1 - Monday 21 May 2012 - Final Programme

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<tr>
<th>Time</th>
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<tr>
<td>08.30</td>
<td>Registration</td>
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<tr>
<td>09.00</td>
<td>IRBD 2012 Welcome and Introduction</td>
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| President: Prof J M Azorin (Fr)  
Chairman: Dr E Hantouche (Fr)  
Local committee: Prof J Allilaire (Fr), Prof D Pringuey (Fr), Dr P Robert (Fr) |
| 09.15 | Plenary 1: Bipolar Spectrum from Bridge Study and International Studies |
| Chair: Prof A Young (UK)  
Speaker: Prof J Angst (Ch) |
| 09.45 | Plenary 2: Stress and Bipolar Disorder                                   |
| Chair: Prof A Swann (US)  
Speaker: Prof A Young (UK) |
| 10.15 | Coffee                                                                 |
| 10.45 | European Bipolar Forum I: New Insights in Soft Bipolarity and Emotion Regulation |
| Chairs: Prof J M Azorin (Fr)/Dr E Hantouche (Fr) |
| Validating cyclothymia in youth  
Prof E Youngstrom (US) / Dr A Van Meter (US) |
| The affective and emotional composite temperament model and scale (AFECTS): utility for the evaluation and treatment of mood disorders  
Dr D Lara (Br) |
| Temperaments across the spectra of mood disorders  
Prof J Angst (Ch) |
| Major Change in structured interviews in hypomania  
Prof E Karam (Lb) |
| 12.45 | Lunch                                                                  |
| 14.15 | Plenary 3: Subsyndromal Bipolar in the New Nosology                      |
| Chair: Prof E Karam (Lb)  
Speaker: Prof A Okasha (Eg) |
| 14.40 | Research Update I                                                      |
| Chair: Prof E Karam (Lb) |
| Research Update II                                                     |
| Chair: Prof G Perugi (I) |
| Can routinely collected data be used for research on bipolar disorder? Data from the St. Göran bipolar project  
Mikael Landén, Eleonore Rydén, Anette Johansson, Lennart Wetterberg, Joel Jakobsson, Erik Pålsson, Carl Johan Ekman, Carl Selligren, Sara Olsson, Sophie Erhardt, Ulvi Båve |
| Can sophisticated methods of evidence synthesis offer better clinical decision making tools for the treatment of bipolar mania?  
Ayşegül Yıldız, Eduard Vieta, Mateusz Nikodem, Christoph U. Correll, Ross J. Baldessarini |
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<th>Time</th>
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<tr>
<td>15.00</td>
<td>Science Update 1: Bipolar Disorders: Poised for discovery?</td>
<td>Prof J Allilaire (Fr)</td>
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<td>The Genetic Basis of Affective Temperament and the Bipolar Spectrum</td>
<td>Prof J Kelsoe (US)</td>
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<td>New perspectives from research to health care and prevention</td>
<td>Prof M Leboyer (Fr)</td>
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<td>16.00</td>
<td>Interactive 2: Management of difficult cases in Bipolar Disorder</td>
<td>Dr J Cookson (UK)</td>
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<td>Mania in neuropsychiatric disorders. Focus in post-stroke mania</td>
<td>Prof M L Figueira (P)</td>
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<td>Management of Difficult Cases: Mania</td>
<td>Dr J Cookson (UK)</td>
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<td>A Pharmaco-epidemiological Study of ADHD and Bipolar Disorder</td>
<td>Dr V Syrstad/Dr K Odegaard (No)</td>
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<td>Postpartum Depression</td>
<td>Dr J Masmoudi (Fr)</td>
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<td>17.00</td>
<td>Comfort break</td>
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<td>17.15</td>
<td>Interactive 3: Assessment of Hypomania: Methodological Issues</td>
<td>Prof E Karam (Lb)</td>
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<td>BP-II recognition in primary care</td>
<td>Prof Z Rihmer (Hu)</td>
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<td>Correlates of under-diagnosis of Bipolar Disorders</td>
<td>Prof E Karam (Lb)</td>
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<td>Intra-bipolar dichotomy: specificity of cyclothymia</td>
<td>Dr E Hantouche (Fr)</td>
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<td>18.15</td>
<td>Plenary 4: Pathophysiology of psychosis and novel approaches to treatment</td>
<td>Dr J Cookson (UK)</td>
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<td>Speaker: Prof A Grace (US)</td>
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<td>18.45</td>
<td>Evening Lecture: Tackling stigma through theatre - “That's Just Crazy Talk” by Victoria Maxwell</td>
<td>Prof Erin Michalak (Ca)</td>
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<td>19.30</td>
<td>CLOSE Day 1</td>
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<td>20.30</td>
<td>Closed Committee Meeting &amp; Dinner</td>
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Day 2 - Tuesday 22 May 2012 - POSTER SET UP

09.00  European Bipolar Forum II: Bipolar Spectrum in special conditions
Chair: Prof L Dell’Osso (I)

Sub-threshold Bipolar and reaction to stress and grief
Prof L Dell’Osso (I)

Affective temperaments and alcoholism
Prof A Erfurth (At)

Criminal conviction, impulsivity and course of illness in Bipolar Disorder
Prof A Swann (US)

Interactive 5: Bipolar IIb - The Beneficial B Form of Bipolar Disorder The Case of Dominique Strauss-Kahn and Mental Disorder
Chair: Prof A Erfurth (At)
Speaker: Dr R Fieve (US)

10.00  Science Update 3: Risk and Bipolar Disorder
Chair: Prof L Dell’Osso (I)
Speaker: Prof J Scott (UK)

11.00  Debate Forum: Lithium Use for Bipolar Disorder - does the LiTMUS trial change anything?
Discussant: Prof A Young (UK)
Speaker: Dr P Grof (Ca)

11.45  Lundbeck-sponsored Symposium
Bipolar I disorder: Early and accurate diagnosis and treatment
Chair: Allan Young (UK)

Clinically relevant subtypes of Mania
Giulio Perugi (I)

Taking a broader view: New perspectives on the functional outcome
Lars Häggström (Se)

Asenapine, a multifunctional antipsychotic. From pharmacology to clinical benefits
Eduard Vieta (Es)

13.15  Lunch
Day 2 Cont../...

14.15  Plenary 6: Functional Remediation of Bipolar Disorder
Chair: Prof E Vieta (Es)
Speaker: Dr A Martinez-Aran (Es)

14.45  Oral Platform Session I Chair: Prof A Swann (US)
Temperaments as mediators of suicide risk, hopelessness
and psychopathology in bipolar disorders Maurizio Pompli
The association between impulsivity and behaviour in individuals
who screen positive on the Mood Disorders Questionnaire
Burden, J, Corcoran, R, Morris, R.

Oral Platform Session II Chair: Prof A Erfurth (At)
Deterministic dynamics of daily mood over 5 years in a patient
with affective disorder Joao Guilherme Ribeiro, Carlos Lourenço
Objective versus Self-Report Measures of Impulsivity and
History of Suicide Attempt in Youth with Bipolar Disorder
Sally M. Weinstein, Woo-Young Ahn, Amy E. West, Mani Pavuluri
High nicotine dependence is a factor in the risk of suicide in Bipolar Disorder patients. Luis Gutiérrez-Rojas, Manuel Gurpegui, Francisco Soto, José María Martinez-Ortega, Lola Jurado.

15.45  Plenary 7: A 3-year, open label study of adjunctive Memantine in Treatment-resistant Bipolar Disorder
Chair: Prof M Pompili (I)
Speaker: Prof G Serra (I)

16.15  Plenary 8: Mixed states: diagnostic and therapeutic implications
Chair: Prof E Vieta (Es)
Speaker: Prof I Pacchiarotti (Es)

16.45  Prevention of Postpartum Psychosis in Women at High Risk
Veerle Bergink, Paul F. Bouvy, Jeroen S.P. Vervoort, Kathelijne
M. Koorengevel, Eric A.P. Steegers, Steven A. Kushner

Mood Variability in Adult Women
Sarah Romans, David Kreindler, MD; Eriola Asllani MSc., Gillian
Einstein, PhD; Sheila Laredo, MD; Anthony Levitt, MD; Brenda
Toner, PhD; Donna Stewart, MD

Genome-wide study of CSF kynurenic acid in bipolar disorder implicates a molecular pathway underlying psychosis
C Sellgren1, M Kegel, CJ Ekman, SK Olsson, Camilla I Svensson, C Hultman, P Lichtenstein, SM Purcell, PF Sullivan, P Sklar, G Engberg, S Erhardt, M Landén

AstraZeneca
### Day 2 Cont./...

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| 17.15 | **Clinical Practice 1:** Selecting best treatment for the Bipolar Spectrum  
Chair: Prof A Erfurth (At) |
|       | **Changes in DSM-V for Bipolar Disorder type II**  
Prof O Pinto (Br) |
|       | **Antidepressant resistant depression and suicidal behaviour: the role of underlying bipolarity**  
Prof X Gonda (Hu) |
|       | **Cognitive and temperamental correlates of lithium response**  
Prof J Rybakowski (Pl) |
| 18.15 | **Comfort Break**                                                     |
| 18.30 | **Evening Lecture:** The Portrayal of Bipolar Disorder, Mental Illness and Mental Health Professionals in Films  
Chair: Dr E Hantouche (Fr)  
Speaker: Prof D Wedding (US) |
| 19.00 | **CLOSE Day 2**                                                      |
| 20.30 | **Gala Dinner and Presentation of EBF Lifetime Achievement Award**    |

### Interactive 6: Early Manifestations of Bipolarity: From Prodromes to Real Risk  
Chair: Prof E Youngstrom (US)  
**Pediatric Bipolar Disorder- clinical picture and longitudinal course**  
Prof B Birmaher (US)  
**Early interventions in Bipolar Disorder**  
Prof P Conus (Ch)  
**Advances in assessment: Fast and Frugal methods of detection without over diagnosis**  
Prof E Youngstrom (US)
### Day 3 - Wednesday 23 May 2012

**09.30**
**Plenary 9:** Receptor targets for antidepressant therapy in bipolar disorder: an overview  
*Chair:* Dr J Cookson (UK)  
*Speaker:* Prof K Fountoulakis (Gr)

**10.00**
**Plenary 10:** The Potential Clinical Benefits of the Glutamate Neuromodulator N-acetylcysteine in Bipolar Disorders and Associated Psychotic Conditions  
*Chair:* Dr J Cookson (UK)  
*Speaker:* Dr R McCarthy (US)

**10.30**
**Interactive 7:** Severe Bipolar Disorder - Pathology and Sequelae  
*Chair:* Prof Z Rihmer (Hu)  
**Suicide and Bipolar Disorder**  
Prof P Courtet (Fr)  
**Smoking, suicide and BP-II**  
Prof Z Rihmer (Hu)  
**The severe part of BP-II Spectrum**  
Dr J Deltito (US)

**11.30**
**Refreshments**

**12.00**
**Round table:** Clinical Neurobiology of Bipolar Disorder  
*Chair:* Prof K Fountoulakis (Gr)  
**Relationship of body mass index, symptoms and cognition in mood disorders and schizophrenia**  
Dr M Siamouli (Gr)  
**Neurobiology of disability in bipolar disorder**  
Dr M Mageiria (Gr)  
**Bipolar disorder in the frame of dementia**  
Dr D Kontis (Gr)  
**Dopamine pathways in Bipolar disorder and Schizophrenia**  
Dr E Tsapakis (Gr)

**13.30**
**Conference Closing Address and Close**