


## Day 1 - Monday 21 May 2012 - Final Programme

<b>08.30</b>	<b>Registration</b>	
<b>09.00</b>	<b>IRBD 2012 Welcome and Introduction</b> President: Prof J M Azorin (Fr) Chairman: Dr E Hantouche (Fr) Local committee: Prof J Allilaire (Fr), Prof D Pringuey (Fr), Dr P Robert (Fr)	
<b>09.15</b>	<b>Plenary 1: Bipolar Spectrum from Bridge Study and International Studies</b> Chair: Prof A Young (UK) Speaker: Prof J Angst (Ch)	
<b>09.45</b>	<b>Plenary 2: Stress and Bipolar Disorder</b> Chair: Prof A Swann (US) Speaker: Prof A Young (UK)	
<b>10.15</b>	<b>Coffee</b>	
<b>10.45</b>	<b>European Bipolar Forum I: New Insights in Soft Bipolarity and Emotion Regulation</b> Chairs: Prof J M Azorin (Fr)/Dr E Hantouche (Fr)  <b>Validating cyclothymia in youth</b> Prof E Youngstrom (US) / Dr A Van Meter (US) <b>The affective and emotional composite temperament model and scale (AFFECTS): utility for the evaluation and treatment of mood disorders</b> Dr D Lara (Br) <b>Temperaments across the spectra of mood disorders</b> Prof J Angst (Ch) <b>Major Change in structured interviews in hypomania</b> Prof E Karam (Lb)	
<b>12.45</b>	<b>Lunch</b>	<b>ELECTRONIC POSTER VIEWING</b>
<b>14.15</b>	<b>Plenary 3: Subsyndromal Bipolar in the New Nosology</b> Chair: Prof E Karam (Lb) Speaker: Prof A Okasha (Eg)	
<b>14.40</b>	<b>Research Update I</b> Chair: Prof E Karam (Lb) <b>Can routinely collected data be used for re-research on bipolar disorder? Data from the St. Göran bipolar project</b> Mikael Landén, Eleonore Rydén, Anette Johansson, Lennart Wetterberg, Joel Jakobsson, Erik Pålsson, Carl Johan Ekman, Carl Sellgren, Sara Olsson, Sophie Erhardt, Ulvi Bäve	<b>Research Update II</b> Chair: Prof G Perugi (I) <b>Can sophisticated methods of evidence synthesis offer better clinical decision making tools for the treatment of bipolar mania?</b> Aysegül Yildiz, Eduard Vieta, Mateusz Nikodem, Christoph U. Correll, Ross J. Baldessarini

Cont../...

## Day 1 Cont../...

### 15.00 Science Update 1: Bipolar Disorders: Poised for discovery?

Chair: Prof J Allilaire (Fr)

#### The Genetic Basis of Affective Temperament and the Bipolar Spectrum

Prof J Kelsoe (US)

#### New perspectives from research to health care and prevention

Prof M Leboyer (Fr)

### Interactive 1: Mania Phenotypes

Chair: Prof D Pringuey (Fr)

#### Mania phenotypes: findings from cluster analyses

Prof J Azorin (Fr)

#### Hyperthymic vs cyclothymic BP-I disorder

Prof G Perugi (I)

### 16.00 Interactive 2: Management of difficult cases in Bipolar Disorder

Chair: Dr J Cookson (UK)

#### Mania in neuropsychiatric disorders. Focus in post-stroke mania

Prof M L Figueira (P)

#### Management of Difficult Cases: Mania

Dr J Cookson (UK)

#### A Pharmaco-epidemiological Study of ADHD and Bipolar Disorder

Dr V Syrtstad/Dr K Odegaard (No)

#### Postpartum Depression

Dr J Masmoudi (Fr)

### Science Update 2: French Networks: Research on Affective Disorders

Chair: Prof F Bellivier (Fr)

#### French Expert Centre Network: first data

Prof C Henry (Fr)

#### Functional brain imaging of unipolar and bipolar depression: differences and similarities

Prof Fossati (Fr)

#### Comorbid addiction in Bipolar Affective Disorder: results from the French Expert Centre Network

Prof F Bellivier (Fr)

### 17.00 Comfort break

### 17.15 Interactive 3: Assessment of Hypomania: Methodological Issues

Chair: Prof E Karam (Lb)

#### BP-II recognition in primary care

Prof Z Rihmer (Hu)

#### Correlates of under-diagnosis of Bipolar Disorders

Prof E Karam (Lb)

#### Intra-bipolar dichotomy: specificity of cyclothymia

Dr E Hantouche (Fr)

### Interactive 4: Geriatric Bipolarity

Chairs: Prof J M Azorin (Fr)/Dr P H Robert (Fr)

#### Behavioural markers of bipolarity

Dr D Lara (Br)

#### Treating late onset Bipolar Disorder

Dr A Kaladjian (Fr)

### 18.15 Plenary 4: Pathophysiology of psychosis and novel approaches to treatment

Chair: Dr J Cookson (UK)

Speaker: Prof A Grace (US)

### Plenary 5: How much bipolar schizoaffective disorder is?

Chair: Dr A Martinez-Aran (Es)

Speaker: Dr A Murru (Es)

### 18.45 Evening Lecture:

#### Tackling stigma through theatre - "That's Just Crazy Talk" by Victoria Maxwell

Speaker: Prof Erin Michalak (Ca)

### 19.30 CLOSE Day 1

### 20.30 Closed Committee Meeting & Dinner

## Day 2 - Tuesday 22 May 2012 - POSTER SET UP

### 09.00 European Bipolar Forum II: Bipolar Spectrum in special conditions

Chair: Prof L Dell'Osso (I)

#### Sub-threshold Bipolar and reaction to stress and grief

Prof L Dell'Osso (I)

#### Affective temperaments and alcoholism

Prof A Erfurth (At)

#### Criminal conviction, impulsivity and course of illness in Bipolar Disorder

Prof A Swann (US)



### 10.00 Science Update 3: Risk and Bipolar Disorder

Chair: Prof L Dell'Osso (I)

Speaker: Prof J Scott (UK)

### Interactive 5: Bipolar IIB - The Beneficial B Form of Bipolar Disorder The Case of Dominique Straus-Kahn and Mental Disorder

Chair: Prof A Erfurth (At)

Speaker: Dr R Fieve (US)

### 10.30 Refreshments

### ELECTRONIC POSTER VIEWING

### 11.00 Debate Forum: Lithium Use for Bipolar Disorder - does the LiTMUS trial change anything?

Discussant: Prof A Young (UK)

Speaker: Dr P Grof (Ca)

### 11.45 Lundbeck-sponsored Symposium

#### Bipolar I disorder: Early and accurate diagnosis and treatment

Chair: Allan Young (UK)

#### Clinically relevant subtypes of Mania

Giulio Perugi (I)

#### Taking a broader view: New perspectives on the functional outcome

Lars Häggström (Se)

#### Asenapine, a multifunctional antipsychotic. From pharmacology to clinical benefits

Eduard Vieta (Es)



### 13.15 Lunch

### ELECTRONIC POSTER VIEWING

Cont./...

## Day 2 Cont../...

### 14.15 Plenary 6: Functional Remediation of Bipolar Disorder

Chair: Prof E Vieta (Es)  
Speaker: Dr A Martinez-Aran (Es)

### 14.45 Bipolar disorder understanding: bridging evidence-based medicine and daily practice

Chairman: Prof Jean Michel Azorin (Fr)

#### Wave BD : a 360 degree real world evidence bipolar disorder perspective

Prof Eduard Vieta (Es)

#### Bipolar depressive polarity care: the challenge of translating EBM in clinical practice

Prof Philip Gorwood (Fr)



### Oral Platform Session I Chair: Prof A Swann (US)

#### Temperaments as mediators of suicide risk, hopelessness and psychopathology in bipolar disorders Maurizio Pompili

The association between impulsivity and behaviour in individuals who screen positive on the Mood Disorders Questionnaire Burden, J. Corcoran, R. Morris, R.

Objective versus Self-Report Measures of Impulsivity and History of Suicide Attempt in Youth with Bipolar Disorder Sally M. Weinstein, Woo-Young Ahn, Amy E. West, Mani Pavuluri

High nicotine dependence is a factor in the risk of suicide in Bipolar Disorder patients. Luis Gutiérrez-Rojas, Manuel Gurpegui, Francisco Soto, José María Martínez-Ortega, Lola Jurado.

Bipolar affective disorders – investigations of the families E. V. Gutkevich, E. D. Schastnyy, I. A. Zrazhevskaya

How the nitrenergic output to large brain vessels from the pterygo-palatine ganglion could matter in BPAD too. Treviranus, Gottfried. M.D.

#### The dynamics of three-month bi-daily measures of global self-esteem functioning in bipolar disorder

Hugo Vachon, Julie Doron, Véronique Thomas-Ollivier, Marina Fortes-Bourbousson

#### Concept-matching, link-joy and bipolar disorders Brian Bayly

Clinical typology of atypical depression and its relation to bipolar disorder A.S.Avedisova, M.P. Marachev

### 15.45 Comfort Break

### 16.15 Plenary 7: A 3-year, open label study of adjunctive Memantine in Treatment-resistant Bipolar Disorder

Chair: Prof M Pompili (I)  
Speaker: Prof G Serra (I)

### Oral Platform Session II Chair: Prof A Erfurth (At)

Deterministic dynamics of daily mood over 5 years in a patient with affective disorder João Guilherme Ribeiro, Carlos Lourenço

Creativity and Bipolar Disorder: Family Study of 300,000 Patients Mikael Landen

Prevention of Postpartum Psychosis in Women at High Risk Veerle Bergink, Paul F. Bouvy, Jeroen S.P. Vervoort, Kathelijne M. Koorengel, Eric A.P. Steegers, Steven A. Kushner

#### Cognitive inhibition and affective priming effect in Major Depressive Disorder

B Gohier, D Denes, M Briere, CR Mesu, G Fournis, SA Surguladze, D le Gall, JB Garre

#### Mood Variability in Adult Women

Sarah Romans, David Kreindler, MD; Eriola Asllani MSc., Gillian Einstein, PhD; Sheila Laredo, MD; Anthony Levitt, MD; Brenda Toner, PhD; Donna Stewart, MD

Genome-wide study of CSF kynurenic acid in bipolar disorder implicates a molecular pathway underlying psychosis C Sellgren1, M Kegel, CJ Ekman, SK Olsson, Camilla I Svensson, C Hultman, P Lichtenstein, SM Purcell, PF Sullivan, P Sklar, G Engberg, S Erhardt, M Landén

Cont../...

## Day 2 Cont../...

### 17.15 Clinical Practice 1: Selecting best treatment for the Bipolar Spectrum

Chair: Prof A Erfurth (At)

#### Changes in DSM-V for Bipolar Disorder type II

Prof O Pinto (Br)

#### Antidepressant resistant depression and suicidal behaviour: the role of underlying bipolarity

Prof X Gonda (Hu)

#### Cognitive and temperamental correlates of lithium response

Prof J Rybakowski (Pl)

### Interactive 6: Early Manifestations of Bipolarity: From Prodromes to Real Risk

Chair: Prof E Youngstrom (US)

#### Pediatric Bipolar Disorder- clinical picture and longitudinal course

Prof B Birmaher (US)

#### Early interventions in Bipolar Disorder

Prof P Conus (Ch)

#### Advances in assessment: Fast and Frugal methods of detection without over diagnosis

Prof E Youngstrom (US)

### 18.15 Comfort Break

### 18.30 Evening Lecture: The Portrayal of Bipolar Disorder, Mental Illness and Mental Health Professionals in Films

Chair: Dr E Hantouche (Fr)

Speaker: Prof D Wedding (US)

### 19.00 CLOSE Day 2

### 20.30 Gala Dinner and Presentation of EBF Lifetime Achievement Award

## Day 3 - Wednesday 23 May 2012

09.30	<b>Plenary 9: Receptor targets for antidepressant therapy in bipolar disorder: an overview</b> Chair: Dr J Cookson (UK) Speaker: Prof K Fountoulakis (Gr)	
10.00	<b>Plenary 10: The Potential Clinical Benefits of the Glutamate Neuromodulator N-acetylcysteine in Bipolar Disorders and Associated Psychotic Conditions</b> Chair: Dr J Cookson (UK) Speaker: Dr R McCarthy (US)	
10.30	<b>Interactive 7: Severe Bipolar Disorder - Pathology and Sequelae</b> Chair: Prof Z Rihmer (Hu)  <b>Suicide and Bipolar Disorder</b> Prof P Courtet (Fr)  <b>Smoking, suicide and BP-II</b> Prof Z Rihmer (Hu)  <b>The severe part of BP-II Spectrum</b> Dr J Deltito (US)	<b>Clinical Practice 2: Psychological Approaches to Bipolar Disorder</b> Chair: Dr E Hantouche (Fr)  <b>Think Effectively About Mood Swings (TEAMS): the science and practice of novel CBT in BDs</b> Dr W Mansell (UK)  <b>Current role of psychodynamic treatment in Bipolar Disorder</b> Dr R Bush (US)
11.30	<b>Refreshments</b>	
12.00	<b>Round table: Clinical Neurobiology of Bipolar Disorder</b> Chair: Prof K Fountoulakis (Gr)  <b>Relationship of body mass index, symptoms and cognition in mood disorders and schizophrenia</b> Dr M Siamouli (Gr)  <b>Neurobiology of disability in bipolar disorder</b> Dr M Mageiria (Gr)  <b>Bipolar disorder in the frame of dementia</b> Dr D Kontis (Gr)  <b>Dopamine pathways in Bipolar disorder and Schizophrenia</b> Dr E Tsapakis (Gr)	
13.30	<b>Conference Closing Address and Close</b>	